

European Liver Patients' Association

ELPA



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Development of a national hepatitis and strategy plan

A German example
2009 - 2013



Step 1:

Create a coalition and task force to develop a national strategy plan:

- German Liver Help Association
- German Liver Foundation
- Deutsche Aidshilfe
- Fixpunkt (drug user association)
- Doctor association for addiction
- External experts (e.g. journalists)

Step 2

The expert group analyzed the current situation and had pre meetings with the different institutions who are relevant to be convince to adopt the strategy plan:

- Ministry of Health
- health insurances coalition
- Gemeinsamer Bundesausschuss (independent body in Germany that is relevant to implement national health plans)
- Association of GPs and hepatologists

Result: we need some studies that demonstrate the effectiveness of the strategy plan.

Step 3

Initiate the studies and care for funding, e.g.:

- screening of minimum 20.000 people in one town analog the guideline recommendation for HCV and HBV,
- cost effectiveness studies

Step 4:

Analyze existing and implemented national strategy plans all over the world!

Reason why:

- adoption of existing best practice that fits to German circumstances makes it much easier to convince our Government.
- We could learn from their experiences

Step 5:

Write a strategy and action plan that focus on Virushepatitis.

Main content:

- current situation
- mission statement (what in the end we try to achieve)
- prevention
- access to treatment
- general awareness
- awareness in risk groups (IVD, MSN, Migrants, prisoners, etc.)
- action points: task force, surveillance, communication, creating settings
- literature
- glossar

Step 6:

Introducing the strategy plan:

- 1st to Ministry of Health
- 2nd to the big health insurances.

After consultation and introduction:

- media activities
- Implementation into existing programs
- Implementation of new activities

Thank you!

